

Nose-it-all's Brain Booster

You will need

350g natural yoghurt
1 banana
100g frozen blueberries
100g chopped kale
100g strawberries
100g raspberries
2 tsps honey



Instructions

- 1 Put all the ingredients in a blender.
- 2 Purée for one minute. Pour out and enjoy!

Remember to grab an adult to help you!



Nose-it-all

**Why not give these a try for your
Red Nose Day healthy bake sale?**