

# Nose-it-all's Brain Booster

## You will need

350g natural yoghurt  
1 banana  
100g frozen blueberries  
100g chopped kale  
100g strawberries  
100g raspberries  
2 tsps honey



## Instructions

- 1 Put all the ingredients in a blender.
- 2 Purée for one minute. Pour out and enjoy!

Remember to grab an adult to help you!



**Nose-it-all**

**Why not give these a try for your Red Nose Day healthy bake sale?**