

Bumpy's Crawl



SPORT RELIEF 2016

Friday 18 March

Get even the youngest children involved in Sport Relief with our crawling games inspired by Bumpy the caterpillar! To raise money, why not ask parents to make donations for their children to take part in the fun?

What you will need

- 1 A safe space indoors
- 2 Cushions, pop-up tunnels, mats, toys, different textured materials, bubbles

Early Years Foundation Stage Links

Communication and language

- ★ Listening and attention
- ★ Understanding

Physical development

- ★ Moving and handling – showing control and co-ordination
- ★ Moving confidently
- ★ Safely negotiating space



Get crawling with Bumpy!

Dedicate a nursery session to getting your littlest children moving for Sport Relief. Here are some great ideas to develop their physical confidence:

- Make a mini-sheepchase using cushions, pop-up tunnels and mats. Encourage the little ones to crawl and climb
- Hold a crawling competition. Mark a start line and roll a ball to encourage each baby to crawl in turn. See who crawls the furthest without getting distracted!
- Lay down different materials for the babies to crawl over, such as a woolly blanket, crinkly paper and a rubber mat. Describe the textures as they cross each one, e.g. 'soft', 'crinkly', 'springy'
- Hide a toy and encourage the babies to crawl to find it
- To get younger babies reaching and rolling, put colourful toys just out of reach
- Blow bubbles for the babies to follow
- Go down on your hands and knees and try to get the babies to chase you!

For more great activity ideas, get your free activity pack from sportrelief.com/nurserypack

