

African House



There is no one house type in East Africa, just like there is no such thing in the UK. But this house type is commonly seen in rural areas.



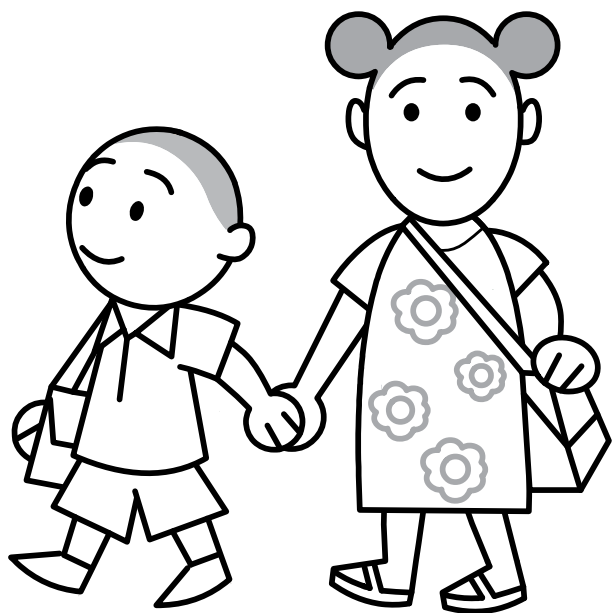
Toilet



Some people in East Africa have indoor toilets, but in rural areas many people use outdoor 'long drop' loos like this one.



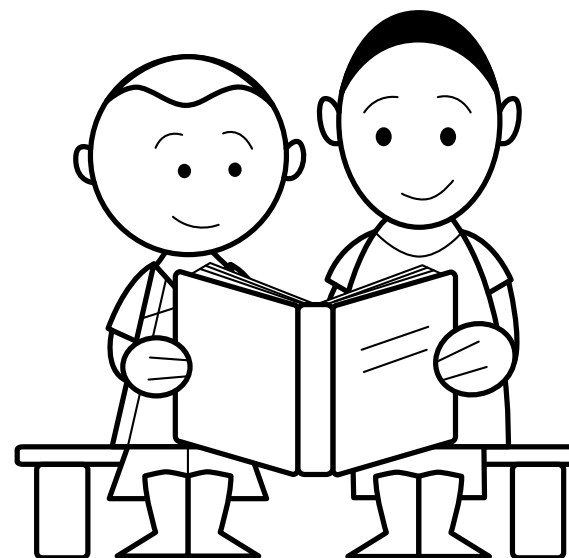
School



Unlike in the UK, many children in Africa are desperate to go to school. Why? Getting an education can mean finding a way out of poverty through a good job.



Homework



Going to school and doing homework are not seen as a chore for many children in African countries. An education is usually the best hope that a child has of getting out of poverty.



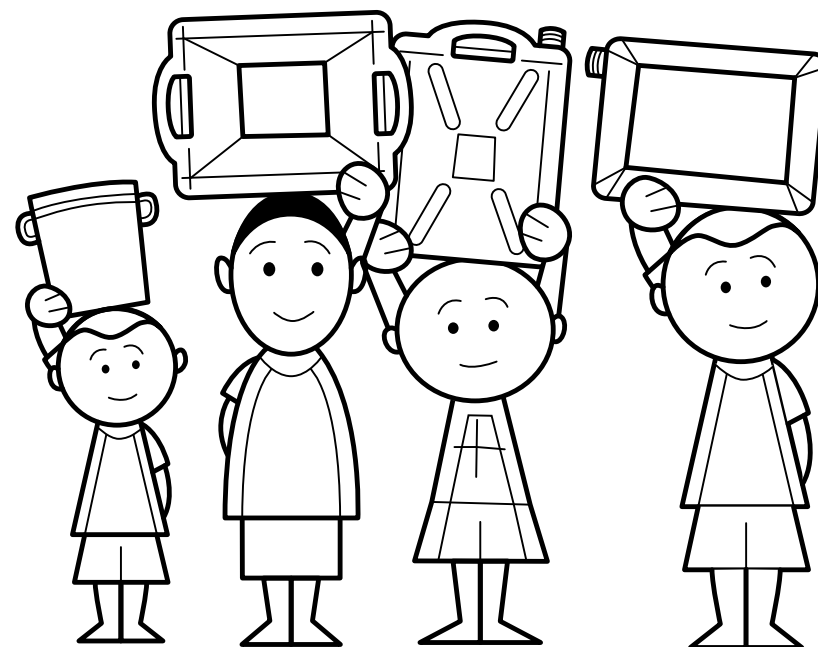
Maize Pounding



Maize, or sweetcorn as we know it, is a common food for many people in East Africa. The cobs are pounded and then ground to make a flour that is added to boiling water, making a dough called 'mealie meal', 'ugali' or 'nshima'.



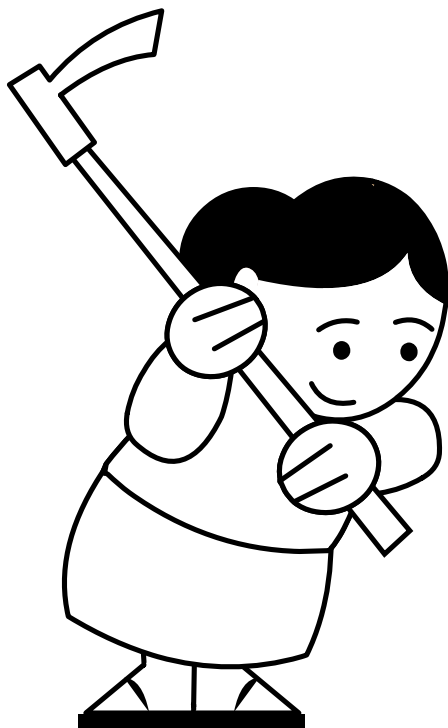
Water Carrying



Outside of towns and cities, many East Africans have to rely on fetching water from springs and wells rather than being able to turn on a tap. This job is often left to children, and mainly girls!



Growing Food



About 70% of people in African countries grow their own food on small plots of land. A lot of this work is done by women. So, although in the UK you might think of a man being a farmer, in Africa it is often the opposite!



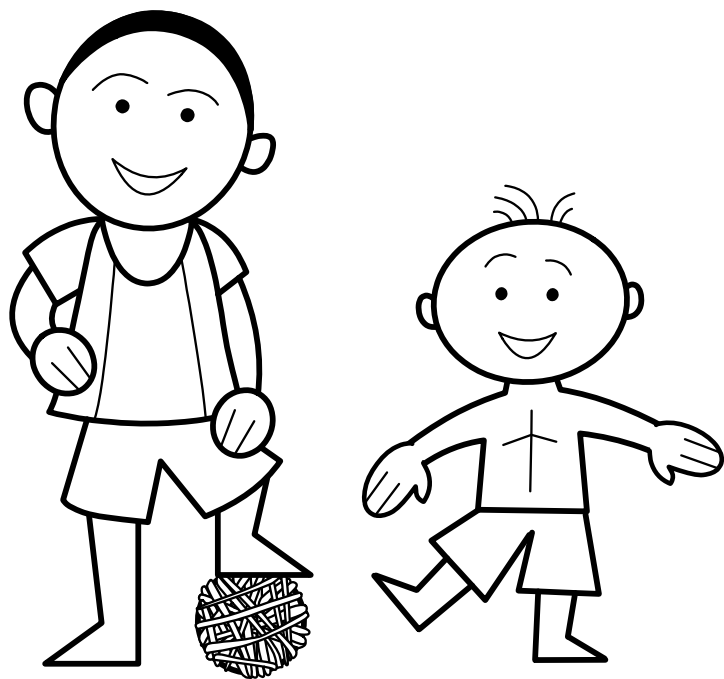
Africa



There are about 54 different countries in Africa and it's a very diverse continent with different peoples, geography and customs. However, there are many ways in which life is similar from one country to the next.



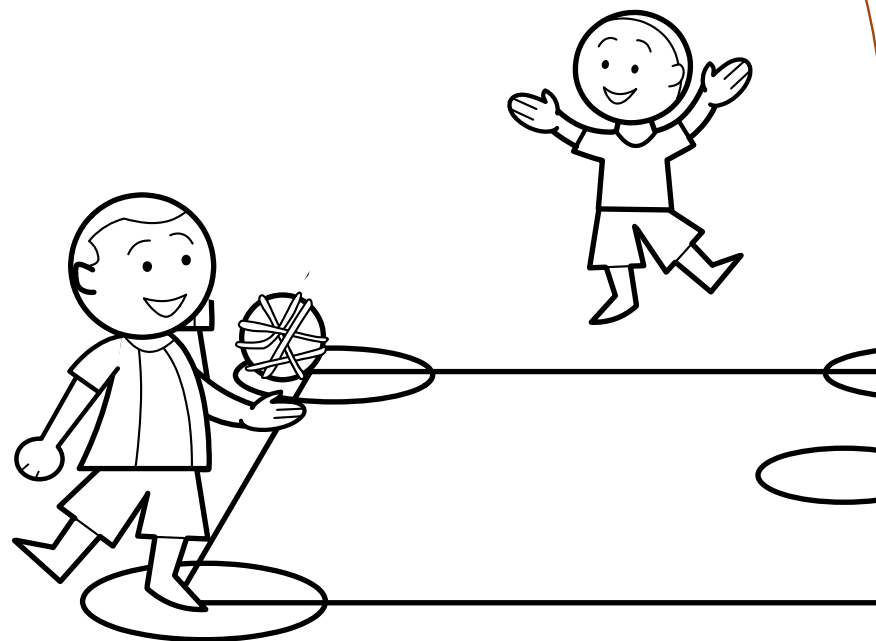
Bag Football



African style home-made footballs made from bags, banana stems and string, can be seen being kicked around all over East Africa.



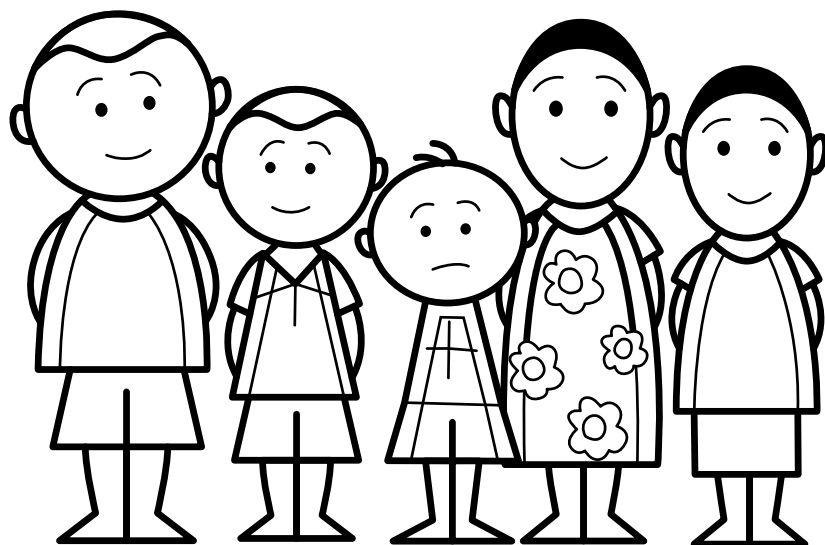
Dodgeball



Dodgeball is a popular game in many school playgrounds and backyards. The great thing about it is that it can be played with whatever is lying around - tyres, branches, stones - or just marked out on the ground!



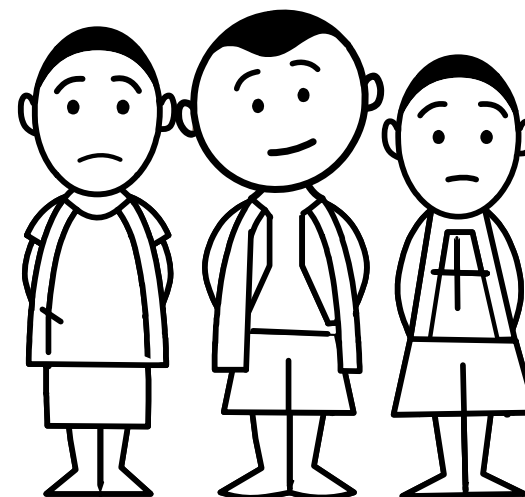
Matia's Family



Growing up with only his brothers and sisters, Matia is part of a family of orphans who have been helped by Send a Cow.



Orphans



Because of disease or war, many children in Uganda are orphans. There are nearly a million orphans under 14 years old in Uganda alone – that's as many children as the entire population of Birmingham.



City Streets



There are many large cities in African countries with banks, different shops and supermarkets. You can buy tinned foods, fruit, rice and most of the other things that you would find in a supermarket in the UK.



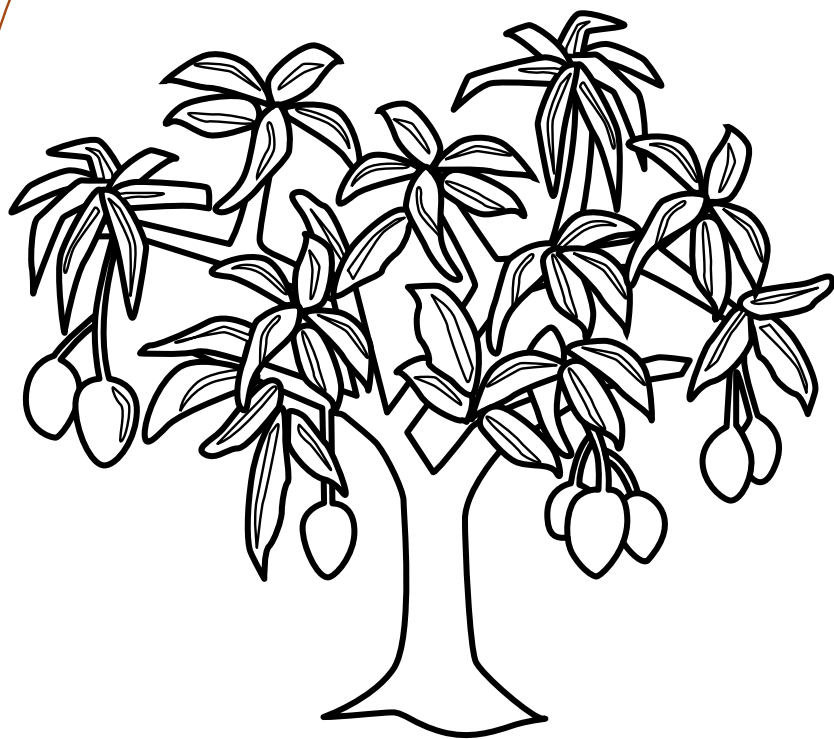
Bikes



Ever used your bike to carry things? Africans do – in fact they use bikes like we use vans. You can see them loaded up with huge amounts of stuff (fruit, bottles, jerry cans, firewood) on many African roads.



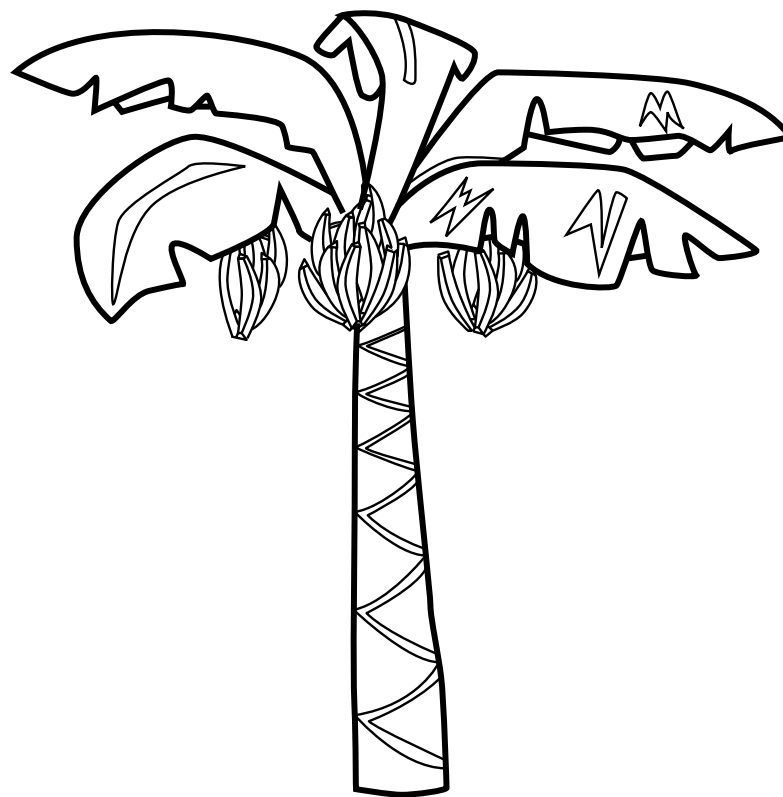
Mango Trees



Mangoes, sometimes called the 'King of Fruit' are tasty, really good for you and simple to grow in East Africa.



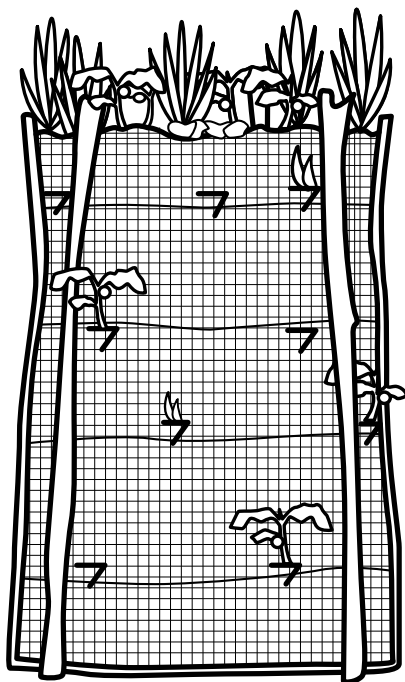
Banana Plants



Banana plants can be seen growing all over East Africa and steamed/mashed cooking banana, called 'matoke' is a staple food for many families.



Bag Gardens



Bag gardens are a simple way of growing vegetables in a small space. They make good use of compost and rainwater and many children look after their own - often selling the crops they produce!



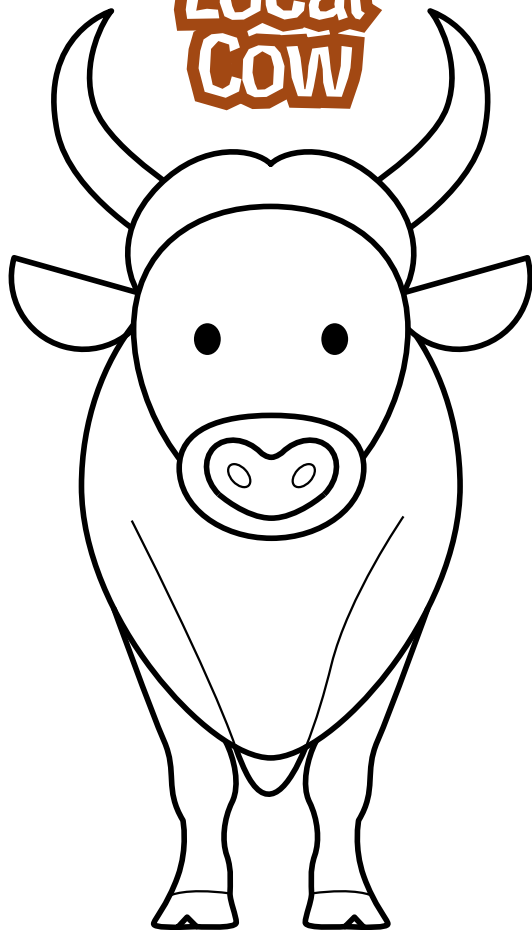
Sweetcorn



Sweetcorn, or 'maize' as it known as in Africa, is a very common crop to grow. 'Cobs' are usually dried, pounded, and then ground into a flour which is used in cooking many different meals.



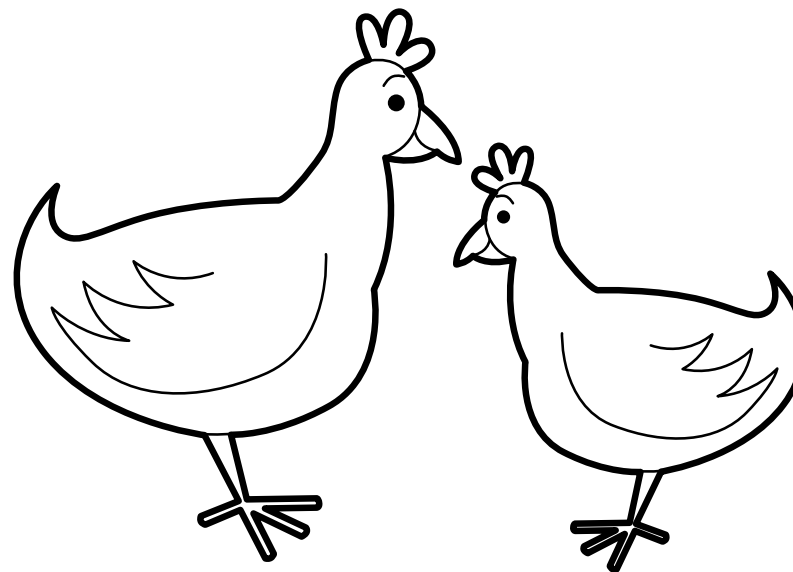
Local Cow



Cows are really useful in dry areas, where we provide a pair to pull ploughs. The fantastic manure they produce improves the soil – and they're also great for breeding!



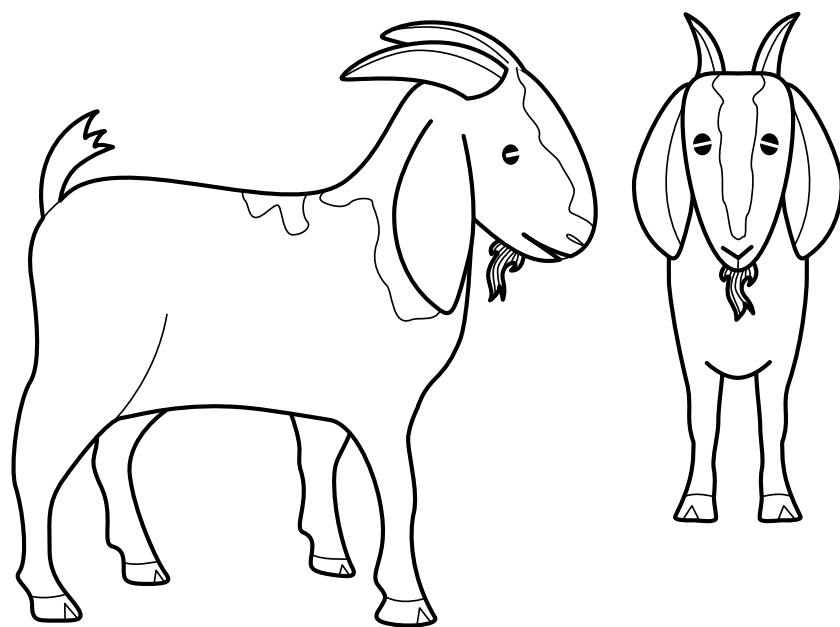
Chickens



A common sight in Africa – chickens roam around villages, pecking at the ground and flapping out the way of cars. Send a Cow chickens are better behaved than this and live in a shed where they stay safe and healthy.



Local Goats



As well as providing manure and meat, goats breed quickly - producing two kids a year. Goat owners soon have goats to pass on and sell - helping many more families in no time.



Leaf Shapes



Leaf Shapes

Copy and colour these leaves to stick on to the tree when pupils carry out their tasks, or if you want to reward good behaviour.

