

Objectives

1. To give an awareness of sustainable development.
2. To give an understanding of responsibilities towards other people as an active citizen.
3. To show how environmental change can affect quality of life.

New Words

Benefits, sustainable

Resources

- *Prisca's Story Part 2 Handout 3.1*
- *African music CD*
- *Coloured pencils*
- *Story Board Handout 3.2*
- *Teacher Information 3.0*

Starter

Time: 15

- *Prisca's Story Part 2* with African music CD.
- Looking at the text, what are the **benefits** for Prisca's family? Pupils could mention:
 - *kids from the goats*
 - *eggs from the chickens*
 - *manure and milk from the animals*
 - *more vegetables*
 - *healthier children (not hungry)*
 - *money from selling eggs and kids to buy needed items*
 - *able to go to school*
 - *valued in the community (pass on goats) - able to help others*

Lesson

Group activity

Time: 15

- Hand out *Prisca's Story Part 2* and storyboard - **Handout 3.2**
- View images of Prisca and her family at: www.sendacow.org.uk/lessonsfromafrica/priscas-story
- Pupils storyboard what happened to Prisca and her family.
- **Teacher Information 3.0** has the benefits grouped for the boxes.

Plenary points

Time: 15

- The animals and training in natural gardening changed Prisca's family.
- Goats and chickens are good for the soil and the environment.
- Prisca's needs will all be met over time by the benefits from the animals and food growing. Helping her to be healthy and not hungry.
- **Sustainable** benefits - the animals and plots are able to help Prisca over time and she is able to pass on their first pair of goats.

At this point you may like to make the link to any fundraising ideas (sendacow.org.uk/fundraising-in-school) Giving pupils a specific class or individual target is often a good incentive. This could be to raise the amount it costs to provide various animals, e.g. raise enough as a class for two goats and some chickens.



Things really started to improve when some dairy goats arrived from Send a Cow. The family were trained in how to look after them and use the goat manure to grow more food on their land. The animals gave them five litres of milk a day which meant they could sell three, have one for themselves and share one with their neighbours. They used the money (about KSh 200 a day – £1.40) to buy extra vegetables at first and to help Prisca get better. When their garden was growing well, they bought things like paraffin lights, school books, clothes and bedding. As Prisca drank the goat's milk, she found herself getting better and better and her sores completely cleared up! This meant that she could go back to school and was also much happier there, as the children used to tease her because of her sores.

Now she has lots of friends who she plays with - and she can help her grandma by carrying water on her head and fetching firewood, making things easier for everyone. Mary says, 'People used to say that one day Prisca will be active and happy - and now it's true!' Health was not the only benefit that the goats brought. Mary bred them and each goat gave two kids, giving them even more milk to drink and sell. After more breeding they sold another 13 of their goats, making KSh 140,600 (about £1,000) - a huge amount of money for them!

All of this is great for the family, as they know how much the animals will benefit them. There will be better food, better soil and some money coming into the house. One of the other good things is that they gave away their first pair of goats to a neighbouring family that needed them. That family will then also give away their first female born. This way they can all pass on the gift throughout the village over the years.

Mary was so pleased about how things were changing for them and that they were able to help their neighbours too, she didn't want to stop there. So after finding out about how to keep chickens they bought seven chickens and one cockerel. The eggs were great for the children and, after breeding the chickens, they now look after over 40 of them! They can sell about 25 eggs every day and Juliet also sells each of their cockerels for KSh 560 (about £4) at the local market. They have now turned into a mini-business family!

The family works as a team: Juliet collects chicken manure for the crops, washes clothes, picks crops and sells food at the market; Prisca sweeps their house, collects water and feeds and milks their goats; and Mary looks after the animals, keeps the house in order, tends the crops and cooks dinner. Their lives are very different now. People come to find out about how they farm and they help others whenever possible. So the family, their neighbours and the community are all better off.



Definitions

Benefits - something that is good for well being.

Sustainable - to improve people's quality of life, protect the land and make the communities in which they live better in an on-going way.

Example of modelling story board

The first two boxes have been partly filled in.

The next box could be filled in as a class, asking questions about what the next benefit would be and how to draw it. Use the images from Prisca's online gallery to help with this.

e.g. **'Manure from goats gave more vegetables.** *The manure that came from the animals is used on the under-nourished (under-fed) soil. Vegetables grow very well in plots they may have died before. For the picture - manure is put on the vegetable garden and crops like onions, cabbages and tomatoes are produced.*

Pupils might need more help with what goes into the other boxes. The benefits from the start of the lesson can be grouped into the boxes as follows:

Box 3. Manure from goats gave more vegetables. Milk and vegetables made the children healthier.

Box 4. Money from selling milk and kids at the market helped with needs, (medicine, shoes and school costs).

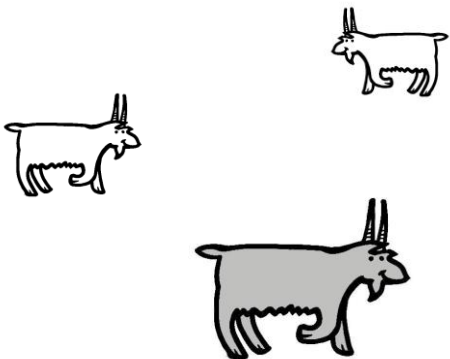
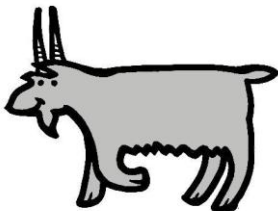
Box 5. Chickens were bought to breed for eggs to eat and sell.

Box 6. Prisca's family were able to help others by passing on goats.



Name: _____

Handout 3.2

		
<p>The goats and training were given to Prisca's family because they needed help.</p>	<p>The goats gave _____ and _____.</p>	
	